

rubato template

“Getting up and Ready for School- Scenario: **A On-time** ”

ISSUE:

“Just getting up and out of the house on time can be a challenge.”

Here are 3 scenarios that illustrate how differently things can go.

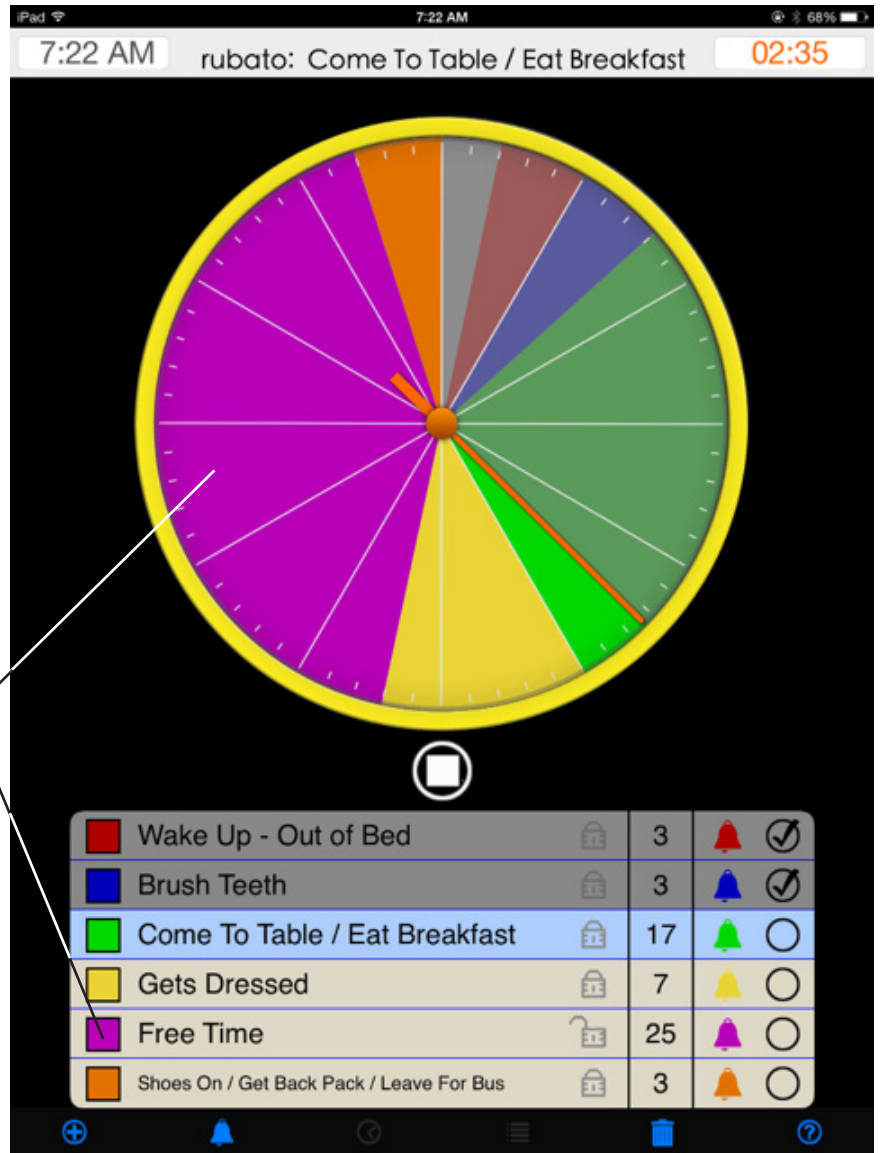
(A) On-time;

(B) Ahead of Schedule;

(C) Behind Schedule

The early morning routine can be a challenge for many children and their parents. Having a more harmonious start of the day can have a calming and stabilizing effect for the child as he or she prepares for a day of learning.

By using rubato, the expectations are clearly laid out in scenario (A) including the potential 25-minute window of Free Time.



Scenario A shows the child being “on-time” and therefore on target for achieving his or her Free Time as planned.

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“Getting up and Ready for School- Scenario: **B** Ahead of schedule ”

ISSUE:

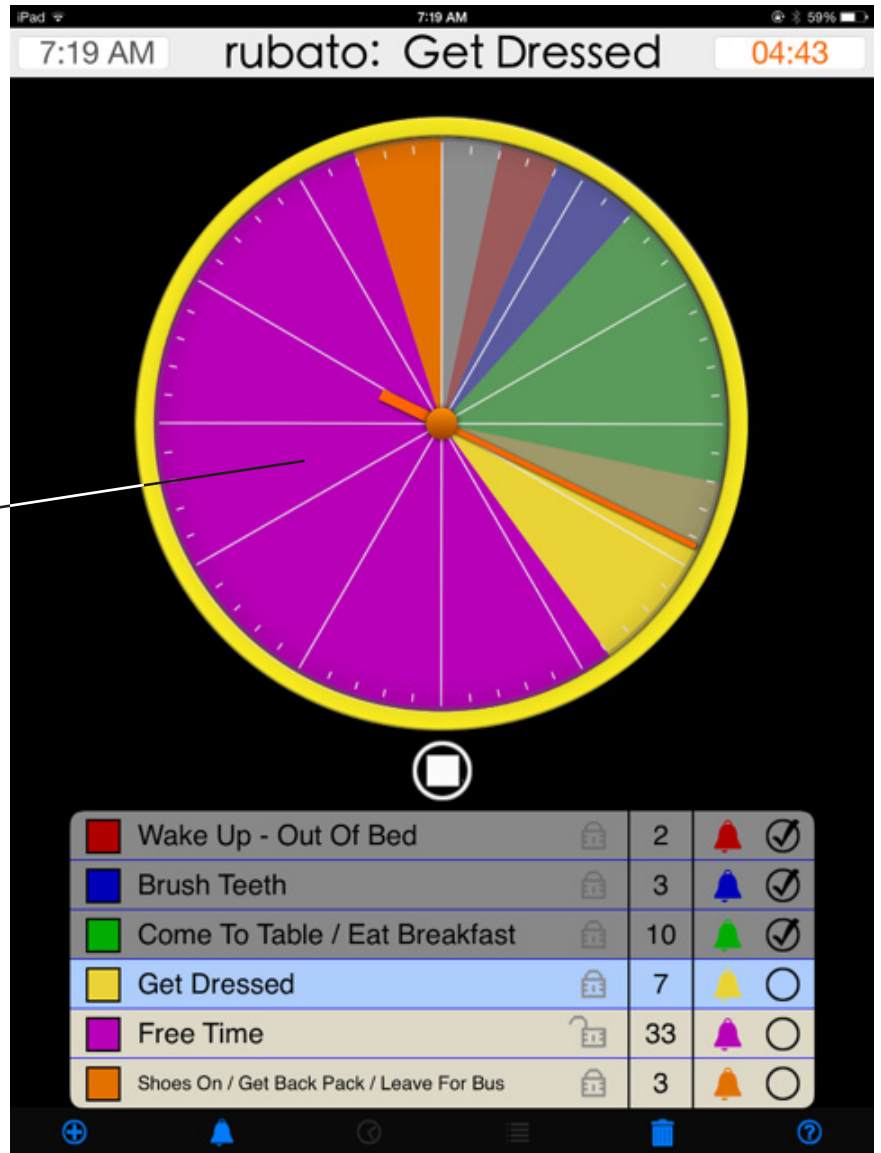
“Just getting up and out of the house on time can be a challenge.”

(A) On-time;

(B) Ahead of Schedule;

(C) Behind Schedule

Time has been traded from *Come To The Table/Eat Breakfast* —resulting with an added 8 minutes of *Free Time*.



The child is actually ahead of schedule and can look forward to having even more Free Time before catching the bus.

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“Getting up and Ready for School- Scenario: **C** Behind schedule ”

ISSUE:

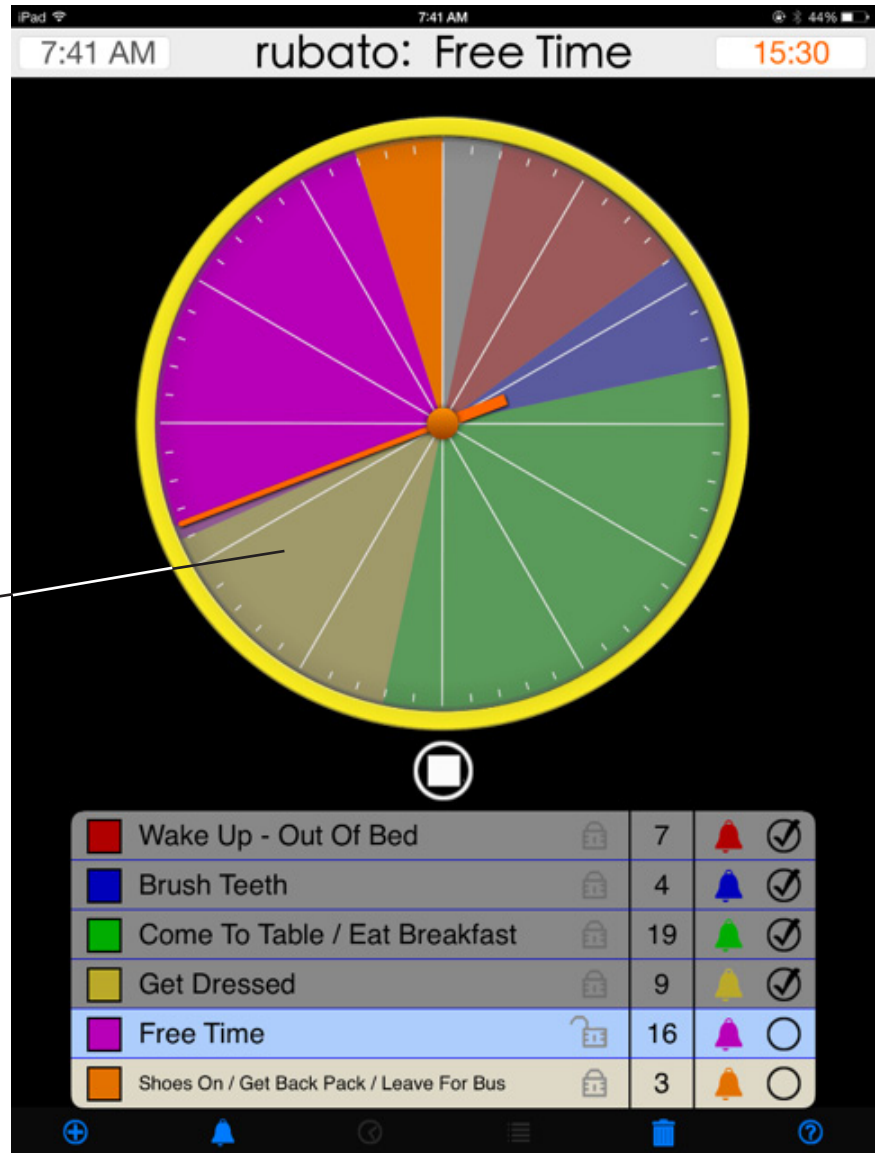
“Just getting up and out of the house on time can be a challenge.”

(A) On-time;

(B) Ahead of Schedule;

(C) Behind Schedule

The time originally allocated to *Free Time* has been given over to the segments: *Come to Table / Eat Breakfast & Get Dressed* resulting in **a lot less** *Free Time*.



The child is behind schedule and as a result will have less Free Time. The cause-and-effect contingencies between getting/staying on task and the amount of Free Time one has can be a vehicle for learning how to manage time more effectively. The different tasks that are highlighted in various colors can also help show where the child is doing well or needs to work on within the overall morning routine.